0925-0294
exp. 9/92

FTYPE NGHS Form 24
FREV Rev. 0 12/89

NHLBI GROWTH AND HEALTH STUDY

HOW I DEAL WITH THINGS

ID number of NGHS girl: ..... ___-___ **RID** ___-___

Name code of NGHS girl: ..... ___ ___ ___ ___ ___ ___

Visit number: ..... **VISIT**

Date: ..... ___ ___ - **DO_FORM** ___ ___ - ___ ___
Month Day Year

Please **PRINT** your full name:

_____
First Name Middle Initial Last Name

We think this questionnaire will take about four minutes for you to complete including listening to or reviewing instructions and collecting information. If you have comments about this time estimate or any part of the questionnaires, including suggestions for reducing the time required, please send them to Reports Clearance Officer, PHS, 721-H Herbert H. Humphrey Building, 200 Independence Avenue S.W., Washington D.C. 20201; and to Office of Management and Budget, Paper Work Reduction Project (0925-0294), Washington DC 20503.

0925-0294
exp. 9/92

NHLBI GROWTH AND HEALTH STUDY

HOW I DEAL WITH THINGS

NGHS Form 24
Rev. 0 12/89
4 Pages

ID						
NC						
VN						

We would like you to imagine how you would feel if something happened to you. Suppose somebody your age was mean to you or threatened you, or something bad happened to you.

Here are some statements about how people your age handle things that trouble them. Please check the box which best describes how often you would handle a bad problem this way.

	Never	Once in a while	Some-times	Often	Very often	
1. I would stand my ground and fight for what I wanted.	☐	☐	☐	☐	☐	ITEM1
2. I would try to think about something good that might happen. I would try to look on the bright side of things.	☐	☐	☐	☐	☐	ITEM2
3. I would let out my feelings so that I would feel better.	☐	☐	☐	☐	☐	ITEM3
4. I would find somebody who would listen to me.	☐	☐	☐	☐	☐	ITEM4
5. I would go along as if nothing were happening.	☐	☐	☐	☐	☐	ITEM5

	Never	Once in a while	Some-times	Often	Very often	
6. I would hope that a miracle would happen.	☐	☐	☐	☐	☐	ITEM6
7. I would think that I brought the problem on myself.	☐	☐	☐	☐	☐	ITEM7
8. I would spend more time alone.	☐	☐	☐	☐	☐	ITEM8
9. I would think of what to do and do it.	☐	☐	☐	☐	☐	ITEM9

	Never	Once in a while	Some-times	Often	Very often	
10. I would look at things in a different way and try to make the best of what I had.	☐	☐	☐	☐	☐	ITEM10
11. I would let my feelings out somehow.	☐	☐	☐	☐	☐	ITEM11
12. I would talk to someone about how I was feeling.	☐	☐	☐	☐	☐	ITEM12
13. I would try to forget the whole thing.	☐	☐	☐	☐	☐	ITEM13

Remember. We would like you to imagine how you would deal with a bad problem.

	Never	Once in a while	Some-times	Often	Very often	
14. I would wish that the problem would go away or somehow be over with.	☐	☐	☐	☐	☐	ITEM14
15. I would blame myself.	☐	☐	☐	☐	☐	ITEM15
16. I would stay away from my family and friends.	☐	☐	☐	☐	☐	ITEM16

	Never	Once in a while	Some-times	Often	Very often	
17. I would face the problem head on.	☐	☐	☐	☐	☐	ITEM17
18. I would ask myself if it was really important, and discover that things weren't so bad after all.	☐	☐	☐	☐	☐	ITEM18
19. I would let my feelings out.	☐	☐	☐	☐	☐	ITEM19

	Never	Once in a while	Some-times	Often	Very often	
20. I would talk to someone that I felt very close to.	☐	☐	☐	☐	☐	ITEM20
21. I wouldn't let it worry me: I would try not to think about it too much.	☐	☐	☐	☐	☐	ITEM21
22. I would wish that the problem had never started.	☐	☐	☐	☐	☐	ITEM22
23. I would blame myself for what happened.	☐	☐	☐	☐	☐	ITEM23
24. I would try not to be with people.	☐	☐	☐	☐	☐	ITEM24

Thanks for taking the time to answer these questions!

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FTYPE NGHS Form 24
FREV Rev. 2 3/94

GROWTH AND HEALTH STUDY

HOW I DEAL WITH THINGS

ID number of NGHS girl: . . . . . ___-___ RID ___-___

Name code of NGHS girl: . . . . . ___ ___ ___ ___ ___ ___

Visit number: . . . . . VISIT

Date: . . . . . ___ ___ - ___ ___ - ___ ___
Month Day Year

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First Name Middle Initial Last Name

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2. I would try to think about something good that might happen. I would try to look on the bright side of things.	☐	☐	☐	☐	☐	**ITEM2**
3. I would let out my feelings so that I would feel better.	☐	☐	☐	☐	☐	**ITEM3**
4. I would find somebody who would listen to me.	☐	☐	☐	☐	☐	**ITEM4**
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